

November 2019



**PANTA  
REI**  
DANSETEATER

C/O Sentralen

Postboks 183 Sentrum

0102 Oslo Norway

[www.pantareidanseteater.com](http://www.pantareidanseteater.com)



Photo: Lars Opstad

## MAKE ME DANCE

*Make Me Dance* is a choreographed concert. Through movement, sound and text examines three dancers and one musician why they have ended up just like professional artists. *Make Me Dance* is a performance about the choices we make, and for the small, yet universal stories that shape us as human beings.

Make Me Dance is produced by Brageteatret and Panta Rei Dance Theater and is part of the comprehensive project TILT.

Choreographed by Anne Ekenes and Pia Holden.

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Photo: Tale Hendnes



## ABOUT PANTA REI DANCE THEATRE

Panta Rei Dance Theatre (PRD) is a Norwegian contemporary dance theatre company based in Oslo, Norway. The company is known for its fast-paced colourful dance theatre performances that are accessible to a wide range of audiences in a variety of theatrical and non-theatrical spaces. PRD has one of the most diverse audiences in Norway and in 2017, the company was nominated for Norwegian Audience Development Prize.

PRD was established in 2000 and since then they have created sixteen productions and led numerous dance projects. PRD presented 80 performances for over 5500 audience members in 2018 alone. The same year the company held 162 workshops for over 4700 children and young adults, a level of activity that is set to continue over the coming years.

In 2019-2021, PRD will create three new works. In addition to these productions, the company will create several public art projects with a focus on reaching new audiences.

Panta Rei Dance Theatre has also received a six million NOK project grant from the Savings Bank Foundation Sparebankstiftelsen DNB for the period 2018-2020 to carry out the national project TILT.

The company tours nationally and internationally, building long-term relationships with partners and projects.

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### PRD HAS THREE MAIN AREAS OF FOCUS:

**1) Production and Performances:**

PRD premiere and tour a new piece each year in co-production with a theatre/venue/festival in Norway. In addition, the company has 5 touring full-evening productions that travel both nationally and internationally. Panta Rei just recently toured Hong Kong, Australia and England.

**2) Touring & Networking:**

Both national and international visibility is important to the company. Nationally we continue collaborations with several regional theatres, resource centres, and the Cultural Rucksack project. Internationally, PRD collaborates with many established partners in Europe, Middle-East and Africa alongside ongoing efforts to develop new connections in other continents and countries. (Canada, China, South-Korea and Australia).

**3) Extending our Work:**

PRD creates projects and outreach programs for local communities when on tour. For many, contemporary dance is a new experience so we work closely with local arts practitioners to craft events and performances that are suited to the population and

audiences that both watch and take part in PRD's projects. We strive to create an ownership of the art form in general and to PRD's artistic approach. It is important for us to give as many as possible the best possible experience of contemporary dance and the company's work. We believe that close involvement with our dancers and building lasting relationships with local artists and groups is key to achieving that goal.

### MAKE ME DANCE

**Artistic Direction and Choreography:** Anne Holck Ekenes

**Choreography:** Pia Holden

**Dancers:** Julie Drønen Ekornes / Nora Martine Svenning  
Jens Jeffry Trinidad, Jon Filip Fahlstrøm

**Composer and musician:** Improvisível (Marcus Amadeus Quelhas)

**Set design:** Mie Dinesen

**Dramaturge:** Elin Amundsen Grinaker

**Lighting design:** Thomas Evensen

**Duration:** Approx

**Suitable for:** Youth and adults. 13+.

**Language:** Norwegian and English.

Special thank you to Hugo Marmelada, Julie Drønen Ekornes, Jens Jeffry Trinidad, Jon Filip Fahlstrøm for generous and creative process.

*Make Me Dance* is produced by Brageteatret and Panta Rei Dance Theater.

*Make Me Dance is a choreographed concert.* Through movement, sound and text the three dancers and one musician look at why they have become professional artists. *Make Me Dance* is a performance about the choices we make and the small, yet universal stories that shape us as human beings.

*Make Me Dance* is an energizing performance that suits a cross generational audience. It is a performance that inspire and leave you nostalgic. The movement vocabulary and text are results of discussions between the performers and the creative team. Discussions based on stories that are shaped through memories of how it all started, how the need to dance became the key to the future and the source of challenges and success.

*Make Me Dance* is an immersive dance theatre production where the audience is part of the performance space, encapsulated by the scenography.

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**Media/critics:**

"This is a piece not only about dance as a passion, but about how any kind of passion is important to give life reason",

- Mari Johnsen Viksengen, *Ringeriketsblad, Norway*

"*Make Me Dance*" is so important. They tell you what can happen if you get involved in life",

- Eva-Maria Magel, *Rhein-Main-Zeitung, Frankfurt Germany*

"I would recommend anyone to see the show. *Make Me Dance* fills its audience with energy and joy",

- *Teaterungdom.no, Norway (young audience voices website)*

"Are you fond of dance? Then you should see *Make Me Dance* ... Amazing dancers with raw energy and an infectious enthusiasm for dance",

- *Arnhild Staal Pettersen, Managing Director DansiT, Trondheim*

## CONTACTS

**CEO and Artistic Director**

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For Bookings, Marketing & Press enquiries please contact **Anders Rohlan Småhaug**.

For Outreach and Workshop enquiries please contact **Pia Holden**.

PHOTOS

Photo: Neil Nisbet



Make Me Dance is an immersive dance theatre production where the audience is part of the performance space, encapsulated by the scenography.



Photo: Neil Nisbet



Photo: Tale Hendnes



*"This is a piece not only about dance as a passion, but about how any kind of passion is important to give life reason".*



## PRODUCTION INFORMATION

### **Audience capacity:**

<b>Total space/Stage available</b>	<b>Dance Space</b>	<b>Audience number</b>
10m x 8m	6m x 5m	80
12m x 10m	8m x 7m	100
15m x 12m	11m x 9m	150

Audience on three sides. Raked seating needed.

### **Rider:**

See link: [https://pantarei.s3.amazonaws.com/uploads/text\\_file/file\\_name/146/Tech spec -  
\\_Make me Dance 2019 - Equipment from venue 1.2.pdf](https://pantarei.s3.amazonaws.com/uploads/text_file/file_name/146/Tech_spec_-_Make_me_Dance_2019_-_Equipment_from_venue_1.2.pdf)

**Costs:**

Fee: from 30 000 NOK for up to two shows a day.

Accommodation, travel and per diem depends on the tour-length and country visited. The company has the possibility to apply for a travel grant from the Arts Council of Norway and The Foreign Affairs.

## MAKE ME DANCE TARGET AUDIENCE

- 1) Crossover audiences, i.e. those that might normally see dance/circus/theatre/music/film
- 2) Dance Participants
- 3) Existing dance audiences and followers
- 4) Young People i.e. students, school groups, universities and colleagues.
- 5) Performing Arts Teachers
- 6) New audiences 10 years of age and up, in rural and hard-to-reach areas.

## POST SHOW DISCUSSIONS

Panta Rei is committed to making post-show discussions available to all the tour venues please contact us as soon as possible to confirm and arrange these.

## DOWNLOADABLE CONTENT AND SOCIAL MEDIA

Panta Rei use Facebook and Instagram as an immediate communication tool. With the themes of the show the dancers of the company will be utilising this tool to market the show and inform audiences as much as possible in the lead up to the performances using the hashtag #MakeMeDance across the social media forums.

To successfully generate content and interest we need support from the venues we're visiting to help us reach your audiences as well. Please ensure you follow us at....

- Facebook link: <https://www.facebook.com/pantareidt/>
- Instagram: @pantareidanseteater
- YouTube: Panta Rei Danseteater (search Panta Rei Danseteater )

There will be regular progress postings of Make Me Dance on social media as we tour; which will include video snippets and photos from the rehearsal room and the company on the road whilst touring. On average a Panta Rei post creates 300-5000 impressions, we hope with your support we'll grow these over the tour to reach wider audiences.

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**High res. images:** Contact the company. Or see our webpage.

**Vimeo link to teaser trailer:** <https://vimeo.com/293632623>

**Vimeo link to *Make Me Dance* short documentary:**  
<https://vimeo.com/247976445/18c24c9bd0>

**Full lengths of *Make Me Dance*:**

Norwegian version: <https://vimeo.com/353834706/70d4c44ca9>

English version: <https://vimeo.com/heincreations/review/372759238/8b021c0278>

**Vimeo link to TILT documentary 2017:** <https://vimeo.com/258523310>

**Vimeo link to TILT documentary 2018:** <https://vimeo.com/328160770>

## BOX OFFICE INFORMATION

The show is suitable for those ages 10+

There is no strong language, nudity or strobe lighting.

## OUTREACH WORK

Dance workshops: 60 mins to a full day workshops available. The company tailors the workshop to the needs of the venue. Starting cost 2 500 NOK plus travel and accommodation if necessary. Full day workshops with two professional dance practitioners from 10 000 NOK.

*Panta Rei workshops are fun and educational. Each workshop is tailored to the participants, and include a variety of activities covering contemporary dance, contact work and text.*

### **Workshop Structure:**

- *Workshops begin with games and simple follow on exercises*
- *Depending on the length of the workshop the company includes a technique session – tailored to the level of the group.*
- *The company gives tasks to the workshop participants to create duets, trios or quartets.*
- *Panta Rei teach some routines from their repertoire (level dependent on group ability)*
- *To end – a short showing of the results of the workshop for each other*
- *When possible, the company choreograph a short dance piece on all the workshop participants. The piece can be shown as a curtain raiser for the performance *Make Me Dance*.*



*From workshop at a  
secondary school in Norway.*



## QUOTES ON PANTA REI DANCE THEATRE PREVIOUS WORK

"... Panta Rei, goes right to the heart (again) of pressing social and personal issues with an honesty which is startling."

- **Tim Smithies, Carn to Cove, UK**

"The traditional stage set-up was challenged when the audience was invited to the stage, allowing for a refreshing and innovative dance theatre experience."

- **Sidsel Pape, Scenekunst.no, Norway**

"Strong, physical, fast, beautiful, precise and thought provoking performance as well as fantastic music"

- **Camilla Ekelöf, Artistic Director RTV Dance, Regionteater Väst, Sweden**

LOGOS



DANSENS  
HUS



Talent Norge

