

January 2019



**PANTA
REI**
DANSETEATER

C/O Sentralen

Postboks 183 Sentrum

0102 Oslo Norway

www.pantareidanseteater.com



Photo by: Trine Sirnes

LULLABY (2015)

A striking dance theatre production with a cast of three dynamic and committed young male dancers which explores progressively friendship, joshing, friction, needling and aggressive behavior, and the dynamics of mediation between bickering factions.

Double bill choreographed by

Anne Holck Ekenes and Pia Holden (NO) / H el ene Blackburn (CAN)

The performance is co-produced and financed by Scenekunst  stfold with support from Nordre Aker Bydel, Oslo, Norway.

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Photo by: ArtisTree and Eric Hong Yin Pok



ABOUT PANTA REI DANCE THEATRE

Panta Rei Dance Theatre (PRD) is a Norwegian contemporary dance theatre company based in Oslo, Norway. The company is known for its fast-paced colorful dance theatre performances that are accessible to a wide range of audiences in a variety of theatrical and non-theatrical spaces. PRD has one of the most diverse audiences in Norway and in 2017, the company was nominated for Norwegian Audience Development Prize.

"PRD was established in 2000 and has since then created 16 productions and led numerous dance projects. PRD presented 109 performances for over 7500 viewers in 2019 alone. The same year the company held 90 workshops for over 2054 children and young adults as well as leading the dance project TILT which involved 171 workshops for over 5000 participants, a level of activity that is set to continue over the coming years."

In 2020-2022, PRD will create three new works. In addition to these productions, the company will create numerous outreach programs and public art projects with a focus on reaching new audiences.

The company tours nationally and internationally, building long-term relationships with partners and projects.

PRD HAS THREE MAIN AREAS OF FOCUS:

- 1) Production and Performances:** PRD premiere and tour one new piece each year in co-production with a theatre/venue/festival in Norway. In addition, the company has five touring full-evening productions that travel both nationally and internationally.
- 2) Touring & Networking:** Both national and international visibility is important to the company. Nationally we continue collaborations with several regional theatres, resource centers, and the Cultural Rucksack project. Internationally, PRD collaborates with several established partners in Europe, Middle-East and Africa alongside ongoing efforts to develop new connections in other continents and countries.
- 3) Extending our Work:** PRD creates projects and outreach programs for local communities when on tour. For many, contemporary dance is a new experience. To meet this challenge the company works closely with local programmers and arts practitioners to craft events and performances that are suited to the local community that both watch and take part in PRD's projects. We strive to create an ownership to the art form in general and more specifically to PRD's artistic approach. Close collaboration between the performing artists in the company and the local community when on tour is the key to success.

LULLABY (2015)

Performers: Matias Rønningen, Johnny Autin, Robert Guy / Gareth Mole.

Choreography part 1: Anne Holck Ekenes and Pia Holden

Choreography part 2: Hélène Blackburn

Composer: Sverre Indris Joner

Musicians: Gustavo Tavares and Sverre Indris Joner.

Lighting design: Joakim Brink

Dramaturgy: Kjell Moberg

Costumes: Caroline Drønen Ekornes

Producer: Panta Rei Danseteater

Co-production: Scenekunst Østfold with support from Nordre Aker Bydel, Oslo, Norway.

Duration: 2 x 25 min plus interval (the interval could include 15 min of music as a transition or allow the audience to leave the auditorium. This is up to each venue to decide in liaison with Panta Rei)

Suitable for: 13 +

Language: English (however, there is not much text)

Lullaby is a striking dance theatre production with a cast of three dynamic and committed young male dancers which explores progressively friendship, joshing, friction, needling and aggressive behavior, and the dynamics of mediation between bickering factions.

Lullaby is a double bill that seeks to explore masculinity as a theme. It provides a thought-provoking and contemporary metaphor for current international politics.

*How I wished during those sleepless hours that I belonged to a different nation,
or better still, to none at all.*

Is constant movement the solution?

Between night and day, is there still a lullaby that can comfort me?

How I wished during those sleepless hours that I woke up from a bad dream.

Is constant laughter the solution?

Between night and day, is there a moment of relief we still can find comfort in?

"... Panta Rei, go right to the heart (again) of pressing social and personal issues with an honesty which is startling."

- Tim Smithies, Carn to Cove.

The performance is co-produced and financed by Scenekunst Østfold with support from Nordre Aker Bydel, Oslo, Norway. Lullaby premiered at the Nonstop festival I Moss, September 19th 2015 as part of our national outreach program TILT.

FEEDBACK

"... Panta Rei, go right to the heart (again) of pressing social and personal issues with an honesty which is startling."

- **Tim Smithies, Carn to Cove, UK.**

"Rising to the occasion, Panta Rei Danseteater's dance production "Lullaby" uses various elements of art and theatre to take its audience on an emotional journey. Challenging us all to think critically and playfully about the world we live in.",

- **HK Dance Magazine, Hongkong.**

"The skills of both dancers and musicians in Lullaby are excellent, and the tacit understanding is extraordinary. The three dancers' movements are particularly clean and extremely energetic."

- **Art Map, Hongkong.**

"Startlingly sincere, they really immersed themselves in the performance, and were captivating to watch."

- **Fi Read, Journalist Community Spirit, Cornwall, UK.**

REVIEWS:

Strings, simplicity & sheer movement - a dance review on "Lullaby", HK Dance Magazine.,
<https://hkdancemagazine.com/stories/2019/8/26/lullaby-review->, 28.08.2019.

Lullaby /Panta Rei Danseteater, Ungestemmer.no,
<https://www.ungestemmer.no/2015/12/lullaby-panta-rei-danseteater/>, 04.12.2015.
(In Norwegian. No translation).

CONTACTS

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For Bookings, Marketing & Press enquiries please contact **Anders Rohlan Småhaug**.

For Outreach and Workshop enquiries please contact **Pia Holden**.



Photo by: ArtisTree and the photographer Eric Hong Yin Pok. (Hongkong)

Photo: Trine Sirnes



"Once again, Panta Rei offers a production that goes straight to the heart of a universal social issue with exceptional performers."



Photos by: ArtisTree and Eric Hong Yin Pok (Hongkong)

PRODUCTION INFORMATION

Audience number and capacity depends on set up in the theatre. For larger venues the number of audiences can increase. Please contact the company for further details.

The ideal setting is to perform in a proscenium arch theatre or a black box.

The required performance area is 8m x 8m plus 3m side stage on each side.

Minimum proscenium height is 5m.

If stage has walls or objects with light colours or windows with transparent curtains, please cover with lightproof black molton/textile.

Rider:

See link: https://pantarei.s3.amazonaws.com/uploads/text_file/file_name/58/Technical_Rider_-_Lullaby_-_2015_both_act_1_and_2.pdf

Costs:

Fee: from 30 000 NOK for up to two shows a day.

Shipping of scenography needed (the chairs can also be purchased).

Accommodation, travel and per diem depends on the tour-length and country visited. The company has the possibility to apply for a travel grant from the Arts Council of Norway and The Norwegian Foreign Affairs.

BORN TO LIVE TARGET AUDIENCE

- 1) Crossover audiences, i.e. those that regularly seek out the arts; dance/circus/theatre/music/film
- 2) Dance practitioners
- 3) Existing dance audiences and followers
- 4) Young People; university and college students
- 5) Performing Arts Teachers
- 6) New audiences 13 years of age and up, in rural and hard-to-reach areas. For this audience group we suggest to show one half of Lullaby plus additional outreach program.

POST SHOW DISCUSSIONS

Panta Rei is committed to making post-show discussions available to all tour venues. Please contact us to plan and arrange these according to the aims of the tour and the venue's audience group.

DOWNLOADABLE CONTENT AND SOCIAL MEDIA (SOME).

Panta Rei use Facebook and Instagram as a communication tool. The company and its performers will market the show in liaison with local promoters. SoMe is typically put to use by highlighting the theme of the production on tour, offering teasers of the choreography and outreach program that support the artistry. We use the hashtag #Lullaby across social media forums and ask promoters to do the same when sharing or in other ways promote the tour/performance.

To successfully collaborate on promoting Lullaby please follow us on:

- Facebook link: <https://www.facebook.com/pantareidt/>
- Instagram: @pantareidanseteater
- YouTube: Panta Rei Danseteater (search Panta Rei Danseteater)

High res. images: Contact the company.

Vimeo link to Showreel 2019: <https://vimeo.com/364329707>

Full-Lengths of Lullaby:

- act 1: <https://vimeo.com/141349711/c19add6363>

- act 2: <https://vimeo.com/141355965/b820c2b7cd>

- With interview: <https://vimeo.com/151183164>

For our outreach program see:

Vimeo link to TILT documentary 2017: <https://vimeo.com/258523310>

Vimeo link to TILT documentary 2018: <https://vimeo.com/328160770>

Vimeo link to the newest TILT documentary 2019: <https://vimeo.com/382583119>

(these links are for internal use only and not to be distributed).

BOX OFFICE INFORMATION

The show is suitable for those ages 13+.

There is no strong language, nudity or strobe lighting.

OUTREACH WORK:

Dance workshops: 60 mins to a full day workshops available. The company tailors the workshop to the needs of the venue. Starting cost 2 500 NOK plus travel and accommodation if necessary. Full day workshops with two professional dance practitioners from 10 000 NOK.

Panta Rei workshops are fun and educational. Each workshop is tailored to the participants, and include a variety of activities covering contemporary dance, contact work and text.

Workshop Structure:

- *Workshops for non-professionals begin with games and simple follow on exercises*
- *Depending on the length of the workshop the company includes a technique session – tailored to the level of the group.*
- *The company gives tasks to the workshop participants to create duets, trios or quartets.*
- *Panta Rei teach some routines from their repertoire (level dependent on group ability)*
- *To end – a short showing of the results of the workshop for each other*
- *When possible the company choreograph a short dance piece on all the workshop participants. The piece can be shown as a curtain raiser for the performance Born To Live.*

The company can offer classes for professional performing artists. Contact the company for details.

(see pictures attached)

QUOTES ON PANTA REI DANCE THEATRE PREVIOUS WORK

"... Panta Rei, goes right to the heart (again) of pressing social and personal issues with an honesty which is startling."

- **Tim Smithies, Carn to Cove, UK**

"The traditional stage set-up was challenged when the audience was invited to the stage, allowing for a refreshing and innovative dance theatre experience."

- **Sidsel Pape, Scenekunst.no, Norway**

"Strong, physical, fast, beautiful, precise and thought provoking performance as well as fantastic music"

- **Camilla Ekelöf, Artistic Director RTV Dance, Regionteater Väst, Sweden**

"This performance is one of the best dance performances I've ever seen. It goes straight to your heart. It is impossible not to be moved."

- **Janne Langaas, Artistic director Teater Innlandet.**

"The honest body language as well as the verbal language lowers the threshold for sharing. It is art that works."

- **Grace Tabea Tenga, Journalist, Periskop**

"This is a piece not only about dance as a passion, but about how any kind of passion is important to give life reason",

- **Mari Johnsen Viksengen, Ringerikets blad, Norway.**

LOGOS



KULTURRÅDET
Arts Council
Norway



FOND FOR UTØVENDE
KUNSTNERE



**Danse — og
teatersentrum**
Performing Arts Hub Norway

APPENDIX 1

Photo by Lise Skjæraasen



*Workshop in Hongkong,
summer 2019*



*From a workshop at a
secondary school in Norway.*

